

To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually **Date Application Completed** Date of Enrollment Date of Birth **CHILD INFORMATION** Full Name (Last, First, Middle, Nickname) Childs Physical Address **FAMILY INFORMATION** Child lives with Father/Guardians name Mother/Guardians name Address (if different from childs) Address (if different from childs) Home Phone Home Phone Zip Code Zip Code Work Phone Cell Phone Work Phone Cell Phone

CONTACTS

Child will be released only to the parents/guardian listed above. The child can also be released to the following individuals, as authorized by the person who signs this application in the event of an emergency, if the parent/guardian cannot be reached, the facility has permission to contact the following individuals

Name	Relationship	Address	Phone Number



HEALTH CARE NEEDS

For any child with health care needs, such as allergies, asthma, or other chronic conditions that require specialized health service, a medical action plan shall be attached to the application. The medical action plan must be completed by the childs parent or health care professional. Is there a medical action plan attached? (medical action plan must be updated on an annual basis and when changes to the plan occurs,	Yes No
List any allergies and the symptoms and type of response required for allergic reaction	ns
List any health care needs or concerns, symptoms of and type of response for these he	ealth care needs or concerns
List any particular fear or unique behaviour characteristics the child has	
List any type of medication taken for health care needs	
Share any other information that has a direct bearing on assuring safe medical treams	ent for your child
EMERGENCY MEDICAL CARE INFORMATION	
Name of health care professional	Office Phone
Hospital preference	Phone
I, as the parent/guardian, authorize the center to obtain medical attention for my child	d in an emergency.
Signature of Parenl/Guardian	Date
I, as the operator, do agree to provide transportation to an appropriate medical resour In an emergency situation, other children in the facility will be supervised by a responsiter any drug or any medication without specific instructions from the physician or the full-time custodian.	nsible adult. I will not admin-
Signature of Parent/Guardian	Home Phone



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CHILDREN'S MEDICAL REPORT

Name of Child			Birthdate
Name of Parent or Guardian			
Address of Parent of Guardian			
A. MEDICAL HISTORY (MAY BE COMPLETED BY	PARENT)		
1. Is child allergic to anything?	□ No	☐ Yes	If yes, what?
Is child currently under a doctor's care?	□ No	☐ Yes	If yes, for what reason?
3. Is the child on any continuous medication?	?	☐ Yes	If yes, what?
Any previous hospitalizations or operation:	s? 🗌 No	☐ Yes	If yes, when and for what?
5. Any history of significant previous diseases convulsions ☐ No ☐ Yes; heart trouble			☐ Yes ; diabetes ☐ No ☐ Yes ☐ No ☐ Yes ; If others, what/when?
6. Does the child have any physical disabilitie	es: 🗌 No	☐ Yes	If yes, please describe:
Any mental disabilities? No Yes	If y	es, please desc	ribe:
Signature of Parent or Guardian			Date



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CHILDREN'S MEDICAL REPORT

B. PHYSICAL EXAMINATION

by the N. C. Board of Medi	ical Examiners (or a comp		orized agent currently approved es), a certified nurse practitioner, % Weight %
Head	Eyes Ears		Nose
Teeth	Throat	Neck	Heart
Chest	Abd/GU	Ext	Hearin <mark>g</mark>
Neurological <mark>System</mark>		Skin	Vision
Results of Tuberculin Tes	t, if given: Type		Date
Normal	Abnormal	Followup	
Developmental Evaluatio	n: delayed	Age appropriate	
If delay, note significance	e and special care needed		
Should activities be limit	ed? No Yes	If yes, explain:	
Any other recommendati	ons:		
Date of Examination			
 Signature of authorized e	examiner/title		 Phone #



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CHILD IMMUNIZATION HISTORY

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

The parent/guardian must submit a certificate of immunization on child's first day of attendance or within 30 calendar days from the first day of attendance.

Date of birth:

Vaccine	Abbrevia- tion	Trade Name	Combination Vaccines	1.	2.	3.	4.	5.
Туре	tion		vaccines	Date	Date	Date	Date	Date
Diphtheria, Tetanus, Pertussis	DTaP, DT, DTP	Infanrix, Daptacel						
Polio	IPV	IPOL	Pediarix, Pentacel, Kinrix					
Haemophilus influenza type B	Hib (PRP-T) Hib (PRP-OMP)	ActHIB, PedvaxHIB ** Hiberix	Pentacel					
Hepatitis B	HepB, HBV	Engerix-B, Recombivax HB	Pediarix					
Measles, Mumps, Rubella	MMR	MMRII	ProQuad					
Varicella/ Chicken Pox	Var	Varivax	ProQuad					
ProQuad Conjugate*	PCV, PCV13, PPSV23***	Prevnar 13, Pneu- movax***						

These children would also have received Prevnar 13.

Child's fullname:

Note: Children beyond their 5th birthday are not required to receive Hib or PCV vaccines.

Gray shaded boxes above indicate that the child should not have received any more doses of that vaccine.

^{*}Required by state law for children born on or after 7/1/2015.

^{**3} shots of PedvaxHIB are equivalent to 4 Hib doses. 4 doses are required if a child receives more than one brand of Hib shots.

^{***}PPSV23 or Pneumovax is a different vaccine than Prevnar 13 and may be seen in high risk children over age 2.



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CHILD IMMUNIZATION HISTORY

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

Record updated by	Date	Record updated by	Date

MINIMUM STATE VACCINE REQUIREMENTS FOR CHILD CARE ENTRY

By This Age	Childrer	ո Need Tł	nese Sho	ts			
3 months	1 DTaP	1 Polio		1 Hib	1 Hep B	1 PCV	
5 months	2 DTaP	2 Polio		2 Hib	2 Hep B	2 PCV	
7 months	3 DTaP	2 Polio		2-3 Hib* *	2 Hep B	3 PCV	
12-16 months	3 DTaP	2 Polio	1 MMR	3-4 Hib**	3 Нер В	4 PCV	1 Var
19 months	4 DTaP	3 Polio	1 MMR	3-4 Hib* *	3 Hep B	4 PCV	1 Var
4 years or older (in child care only)	4 DTaP	3 Polio	1 MMR	3-4 Hib* *	3 Нер В	4 PCV	1 Var
4 years and older (in kindergarten)	5 DTaP	4 Polio	2 MMR	3-4 Hib* *	3 Hep B	4 PCV	2 Var

Note: For children behind on immunizations, a catch-up schedule must meet minimal interval requirements for vaccines within a series. Consult with child's health care provider for questions.

VACCINES RECOMMENDED (NOT REQUIRED) BY THE ADVISORY COMMITTEE ON IMMUNIZATION PRACTICES (ACIP)

Vaccine Type	Abbreviation	Trade Name	Recommended Schedule	1. Date	2. Date	3. Date	4. Date	5. Date
Rota virus	RVI,RVS	Rotateq, Rotarix	Age 2 months, 4 months, 6 months.					
Hepatitis A	Нер А	Havrix, Vaqta	First dose, age 12-23 months. Second dose, within 6-18 months.					
Influenza	Flu, IIV, LAIV	Fluzone, Fluarix, Flulaval, Flucel- vax, Flu Mist, Afluria	Annually after age 6 months.					



DISCIPLINE AND REHAVIOR MANAGEMENT POLICY

Name of Facility:	Date Adopted
No child shall be subjected to any form of corporate punishment. Promanagement of children. When children receive positive, non-violent good self-concepts, problem solving abilities, and self-discipline. Bas will practice the following age and developmentally appropriate disciplines are considered as will practice the following age and developmentally appropriate disciplines. 1. DO praise, reward, and encourage the children. 2. DO reason with and set limits for the children. 3. DO model appropriate behavior for the children. 4. DO modify the classroom environment to attempt to prevent problems before they occur. 5. DO listen to the children. 6. DO provide alternatives for inappropriate behavior to the children. 7. DO provide the children with natural and logical consequences of their behaviors. 8. DO treat the children as people and respect their needs, desires, and feelings.	aise and positive reinforcement are effective methods of the behavior, and understanding interactions from adults and others, they developed on this belief of how children learn and develop values, this facili
9. DO ignore minor misbehaviors. 10. DO explain things to children on their level. 11. DO use short supervised periods of time-out sparingly. 12. DO stay consistent in our behavior management program.	bathrooms, floors, or emptying diaper pails. 8. DO NOT withhold or require physical activity, such as running laps and doing push-ups, as punishment. 9. DO NOT yell at, shame, humiliate, frighten, threaten, or bully
13. DO use effective guidance and behavior management techniques that focus on a child's development.	children. 10. DO NOT restrain children as a form of discipline unless the child's safety or the safety of others is at risk.
, the undersigned parent or guardian of	(Child's full nam
do hereby state that I have read and received a co Policy and that the facility's director/operator (or other designated st agement Policy with me.	
Date of Child's Enrollment:	
Date of office a Line time in a	

Distribution: one copy to parent(s) and a signed copy in child's facility record



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INFANT FEEDING PLAN

As your child's caregivers, an important part of our job is feeding your baby. The information you provide below will help us to do our very best to help your baby grow and thrive. Page two of this form must be completed and posted for quick reference for all children under 15 months of age.

Child's name		Birthday (mm/dd/yyyy)		
Parent/Guardian's name(s)				
A. MEDICAL HISTORY (MAY BE COMPLETED BY PARENT)				
Did you receive a copy of our "Infant Feeding Guide?"		□No	☐ Yes	
If you are breastfeeding, did you receive a copy of: "Breas	stfeeding: Making It Work?"	□ No	☐ Yes	
"Breastfeeding and Child Care: What Moms Can Do?"		□ No	☐ Yes	
TO BE COMPLETED BY PARENT At home, my baby drinks (check all that apply):	TO BE COMPLETED BY TEAC			
Mother's milk from (Check) ☐ Mother ☐ Bottle ☐ Cup ☐ Other				
Formula from (Check) Bottle Cup Other Cow's milk from (Check)	At home, is baby fed in response the baby's cues that s/he is rather than on a schedule? IF NO		No 🗌 Yes	
☐ Bottle ☐ Cup ☐ Other Other: from (Check) ☐ Bottle ☐ Cup ☐ Other	 I made sure that parents Feeding Guide" or "Brea I showed parents the sec 	stfeeding: Mak	ing it Work"	
How does your child show you that s/he is hungry?	Is baby receiving solid food Is baby under 6 months of a		☐ No ☐ No	
How often does your child usually feed?	If YES to both,			
How much milk/formula does your child usually drink in one feeding?	I have asked: Did the child's care provider recommend s solids before six months?		No □Yes	



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INFANT FEEDING PLAN

			IF NO	
Has your child	d started eating s	olid foods?	 I have shared the recomi 	mendation that solids are
			started at about six mon	ths.
If so, what foc	ods is s/he eating	?	Handouts shared with paren	ts:
How often do	es s/he eat solid	food, and how much?		
		EEDINGS AT OUR CENTER E FOLLOWING FOODS WH Approximate amount		Dataile about fooding
	feedings	per feeding	(must be labeled and dated)	Details about feeding
Mother's Milk				
Formula				
Cow's milk				
Cereal				
Baby Food				
Table Food				
Other (describe)				
My usual pick	-up time will be:	%	the following time(s):	
☐ hold my b	-	se the teething toy provided	use the specifier I provided	☐ rock my baby
give a bott	tle 🔲 C	Other specify:		

of milk



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I would like yo	ou to take this action minutes before my arrival time.		
At the end of t	the day, please do the following (choose one):		
☐ Return al	l thawed and frozen milk/ formula to me.	l thawed and frozei	n milk / formula.
We have discu	ussed the above plan, and made any needed changes or clarificat	ons.	
Today's date:			
Teacher Sig <mark>na</mark>	ture Parent Signature		
ANY CHANGES	MUST BE NOTED BELOOW AND INITIALED BY BOTH THE TEACHER A	ND THE PARENTS	
Date	Change to Feeding Plan (must be recorded as feeding habits change)	Parent Initials	Teacher Initials



INFANT/TODDLER SAFE SLEEP POLICY

A safe sleep environment for infants reduces the risk of sudden infant death syndrome (SIDS) and other sleep related infant deaths. According to N.C. Law, child care providers caring for infants 12 months of age or younger are required to implement a safe sleep policy and share the policy with parents/guardians and staff.

(facility name) implements the following safe sleep policy:

		(facility name)	in
SAF	FE SLEEP PRAC	TICES	7
1.		ff, substitutes, and volunteers caring for infants is or younger on how to implement our Infant/ eep Policy.	
2.	We always pla backs to sleep	ce infants under 12 months of age on their unless:	
	Alternate er i <mark>s in th</mark>	is 6 months or younger and a signed ITS-SIDS Sleep Position Health Care Professional Waive infant's file and a notice of the waiver is post- infant's crib.	
	 the infan 	is 6 months or older (choose one)	
		not accept the ITS-SIDS Alternate Sleep Posiarent Waiver.*	
	☐ W <mark>e ac</mark> ent W	cept the ITS-SIDS Alternate Sleep Position Paraiver.	
	retain the waiv olled.	er in the child's record for as long as they are	
3.	able to indepe their front and in their preferr We do	ts on their back to sleep even afterthey are ndently roll back and forth from their back to back again. We then allow the infant to sleep ed position. In our part of the county when each infant is able to roll both ndependently and communicate with parents.	
4.	We pu infant We visually cho record what w at least one mo	t a notice in the child's file and on or near the 's crib.* eck sleeping infants every 15 minutes and e see on a Sleep Chart. The chart is retained for	
5.	We maintain t	he temperature between 68-75°F in the room sleep.	
		rther reduce the risk of overheating by not lressing infants*	
6.		fants supervised tummy time daily. We stay ach of infants during tummy time.	
7.	We follow N.C breastfeeding.	Child Care Rules .09010) and 1706(g) regarding	
	☐ We fu ways:	ther encourage breastfeeding in the following	
		5	_

SAFE SLEEP ENVIRONMENT

- 8. We use Consumer Product Safety Commission (CPSC) approved cribs or other approved sleep spaces for infants. Each infant has his or her own crib or sleep space.
- 9. We do not allow pacifiers to be used with attachments.
- 10. Safe pacifier practices:

We do not reinsert the pacifier in the infant's mouth if it falls out.*

We remove the pacifier from the crib once it has fallen from the infant's mouth.*

- 11. We do not allow infants to be swaddled.

 We do not allow garments that restrict movement.*
- 12. We do not cover infants' heads with blankets or bedding.
- 13. We do not allow any objects other than pacifiers such as, pillows, blankets, or toys in the crib or sleep space.
- 14. Infants are not placed in or left in car safety seats, strollers, swings, or infant carriers to sleep.
- 15. We give all parents/guardians of infants a written copy of this policy before enrollment. We review the policy with them and ask them to sign the policy.

We encourage families to follow the same safe sleep practices to ease infants' transition to child care.*

- 16. Posters and policies:
 - Family child care homes: We post a copy of this policy and a safe sleep practices poster in the infant sleep room where it can easily be read.
 - Centers: We post a copy of this policy in the infant sleep room where it can easily be read.

We also post a safe sleep practices poster in the

Communication

17. We inform everyone if changes are made to this policy 14 days before the effective date.

We review the policy annually and make changes as necessary.*

Best practice recommendation.

We further encourage breast ways:	•	
Effective date:	Review date(s):	Revision date(s):
1, the parent/guardian of Policy. I have read the policy and discussed		d's name), received a copy of the facility's Infant/Toddler Safe Sleep operator or other designated staff member.
Child's Enrollment Date:	Parent/Guardian Signatu	re: Date:
Facility Representative Signature:		Date:
	11	



Space and Equipment

There are space requirements for indoor and outdoor environments that must be measured prior to licensure. Outdoor play space must be fenced. Indoor equipment must be clean, safe, well maintained, and developmentally appropriate. Indoor and outdoor equipment and furnishings must be child size, sturdy, and free of hazards that could injure children.

Licensed centers must also meet requirements in the following areas.

Staff Requirements

The administrator of a child care center must be at least 21 and have at least a North Carolina Early Childhood Administration Credential or its equivalent. Lead teachers in a child care center must be at least 18 and have at least a North Carolina Early Childhood Credential or its equivalent. If administrators and lead teachers do not meet this requirement, they must begin credential coursework within six months of being hired. Staff younger than 18 years of age must work under the direct supervision of staff 21 years of age or older. All staff must complete a minimum number of training hours, including ITS-SIDS training for any caregiver that works with infants 12 months of age or younger. All staff who work directly with children must have CPR and First Aid training, and at least one person who completed the training must be present at all times when children are in care. One staff must complete the Emergency Preparedness and Response (EPR) in Child Care training and create the EPR plan. All staff must also undergo a criminal background check initially, and every three years thereafter.

Staff /Child Ratios

Ratios are the number of staff required to supervise a certain number of children. Group size is the maximum number of children in one group. The minimum staff/child ratios and group sizes for single-age groups of children in centers are shown below and must be posted in each classroom. The staff/child ratios for multi-age groupings are outlined in the child care rules and require prior approval.

Additional Staff/Child Ratio Information:

Centers located in a residence that are licensed for six to twelve children may keep up to three additional school-age children, depending on the ages of the other children in care. When the group has children of different ages, staffchild ratios and group size must be met for the youngest child in the group.

Reviewing Facility Information

From the Division's Child care Facility Search Site, the facility and visit documentation can be viewed. A public file is maintained in the Division's main office in Raleigh for every licensed center or family child care home. These files can be viewed during business hours (8 a.m. -5 p.m.) by contacting the Division at 919-814-6300 or 1-800-859-0829 or requested via the Division's web site at www ncchildcare ncdhhs.gov.

How to Report a Problem

North Carolina law requires staff from the Division of Child Development and Early Education to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be issued an administrative action, fined and/or may have their licenses suspended or revoked.

Administrative actions must be posted in the facility. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development and Early Education at 919- 814-6300 or 1-800-859-0829.



Summary of the North Carolina Child Care Law and Rules (Center and FCCH)

Division of Child Development and Early Education

North Carolina Department of Health and Human Services 333 Six Forks Road Raleigh, NC 27609 Child Care Commission

https://ncchildcare.ncdhhs.gov/Home/ChildCare-Commission

Revised January 2021

The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

Age	Teacher: Child Ratio	Max Group Size
0-12 months	1:5	10
12-24 months	1:6	12
2 to 3 years old	1:10	20
3 to 4 years old	1:15	25
4 to 5 years old	1:20	25
5 years and Older	1:25	25



What Is Child Care?

The law defines child care as:

- · three or more children under 13 years of age
- · receiving care from a non-relative
- on a regular basis at least once aweek
- for more than four hours per day but less than 24 hours.

The North Carolina Department of Health and Human Services is responsible for regulating child care. This is done through the Division of Child Development and Early Education. The purpose of regulation is to protect the health, safety, and wellbeing of children while they are away from their parents. The law defining child care is in the North Carolina General Statutes, Article 7, Chapter 110.

The North Carolina Child Care Commission is responsible for adopting rules to carry out the law. Some counties and cities in North Carolina also have local zoning requirements for child care programs.

Family Child Care Homes

A family child care home is licensed to care for five or fewer preschool age children, including their own preschool children, and can include three additional school-age children. The provider's own school-age children are not counted. Family child care home operators must be 21 years old and have a high school education or its equivalent. Family child care homes will be visited at least annually to make sure they are following the law and to receive technical assistance from child care home providers who meet the following requirements:

Child Care Centers

Licensure as a center is required when six or more preschool children are cared for in a residence or when three or more children are in care in a building other than a residence. Religious-sponsored programs are exempt from some of the regulations described below if they choose to meet the standards of the Notice of Compliance rather than the Star Rated License. Recreational programs that operate for less than four consecutive months, such as summer camps, are exempt from licensing. Child care centers may voluntarily meet higher standards and receive a license with a higher rating. Centers will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants. Parental Rights

Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.
- Parents have the right to see the license displayed in a prominent place.
- Parents have the right to know how their child will be disciplined.

The laws and rules are developed to establish minimum requirements. Most parents would like more than minimum care. Local Child Care Resource and Referral agencies can provide help in choosing quality care. Check the telephone

directory or talk with a child care provider to see if there is a Child Care Resource and Referral agency in your community. For more information, visit the Resources page located on the Child Care website at: https://ncchildcare.ncdhhs.gov/. For more information on the law and rules, contact the Division of Child Development and Early Education at 919 814-6300 or 1-800-859-0829 (In State Only), or visit our homepage at: https://ncchildcare.ncdhhs.gov/.

Child Abuse, Neglect, or Maltreatment

Every citizen has a responsibility to report suspected child abuse, neglect or maltreatment. This occurs when a parent or caregiver injures or allows another to injure a child physically or emotionally. It may also occur when a parent or caregiver puts a child at risk of serious injury or allows another to put a child at risk of serious injury. It also occurs when a child does not receive proper care, supervision, appropriate discipline, or when a child is abandoned. North Carolina law requires any person who suspects child maltreatment at a child care facility to report the situation to the Intake Unit at Division of Child Development and Early Education at 919-814-6300 or 1-800-859-0829. Reports can be made anonymously. A person cannot be held liable for a report made in good faith. The operator of the program must notify parents of children currently enrolled in writing of the substantiation of any maltreatment complaint or the issuance of any administrative action against the child care facility. North Carolina law requires any person who suspects child abuse or neglect in a family to report the case to the county department of social services.

Transportation

Child care centers or family child care homes providing transportation for children must meet all motor vehicle laws, including inspection, insurance, license, and restraint requirements. Children may never be left alone in a vehicle and child-staff ratios must be maintained.

Record Requirements

Centers and homes must keep accurate records such as children's, staff, and program. A record of monthly fire drills and quarterly shelter-in-place or lockdown drills practiced must also be maintained. A safe sleep policy must be developed and shared with parents if children younger than 12 months are in care. Prevention of shaken baby syndrome and abusive head trauma policy must be developed and shared with parents of children up to five years of age.

Discipline and Behavior Management

Each program must have a written policy on discipline, must discuss it with parents, and must give parents a copy when the child is enrolled. Changes in the discipline policy must be shared with parents in writing before going into effect. Corporal punishment (spanking, slapping, or other physical discipline) is prohibited in all centers and family child care homes. Religioussponsored programs which notify the Division of Child Development and Early Education that corporal punishment is part of their religious training are exempt from that part of the law.

Training Requirements

Center and family child care home staff must have current CPR and First Aid certification, ITS-SIDS training (if caring for infants, Oto 12 months), prior to caring for children and every three years thereafter. Emergency Preparedness and Response (EPR) in Child Care training is required and each facility must create an EPR plan. Center and home staff must also complete a minimum number of health and safety training as well as annual ongoing training hours.

Curriculum and Activities

Four- and five-star programs must use an approved curriculum in classrooms serving four-year-olds. Other programs may choose to use an approved curriculum to get a quality point for the star-rated license. Activity plans and schedule must be available to parents and must show a balance of active and quiet, and indoor and outdoor activities. A written activity plan that includes activities intended to stimulate the development domains, in accordance with North Carolina Foundations for Early Learning and Development. Rooms must be arranged to encourage children to explore, use materials on their own and have choices.

Health and Safety

Children must be immunized on schedule. Each licensed family child care home and center must ensure the health and safety of children by sanitizing areas and equipment used by children. For Centers and FCCHs, meals and snacks must be nutritious and meet the Meal Patterns for Children in Child Care. Food must be offered at least once every four hours. Local health, building, and fire inspectors visit licensed centers to make sure standards are met. All children must be allowed to play outdoors each day (weather permitting) for at least an hour a day for preschool children and at least thirty minutes a day for children under two. Children must have space and time provided for rest.

Two through Five Star Rated License

Centers and family child care homes that are meeting the minimum licensing requirements will receive a onestar license. Programs that choose to voluntarily meet higher standards can apply for a two through five-star license. The number of stars a program earns is based upon the education levels their staff meet and the program standards met by the program, and one quality point option.

Criminal Background Checks

Criminal background qualification is a pre-service requirement. All staff must undergo a criminal background check initially, and every three years thereafter. This requirement includes household members who are over the age of 15 in family child care homes.



TOBACCO-FREE POLICY FOR NORTH CAROLINA CHILD CARE CENTERS

Purpose/Belief Statement

We, For A Purpose Daycare, understand that the use of tobacco products on childcare premises and in vehicles used to transport children or during any off-premises activities is an environmental hazard and detrimental to the health and safety of children, staff, and visitors.

Background

Exposure of children to environmental tobacco smoke is associated with increased rates of lower respiratory illness and increased rates of middle ear effusion, asthma, and sudden infant death syndrome. Exposure during childhood may also be associated with development of cancer during adulthood.

Applicable NC Child Care Laws/Rules

N.C. Child Care Rule IOA NCAC 09 .0604 (h)(i)(j) Safety Requirements for Child Care Centers states that:

- Children shall be in a smoke-free and tobacco-free environment. Smoking and the use of any product containing, made or derived
 from tobacco, including but not limited to e-cigarettes, cigars, little cigars, smokeless tobacco, and hookah is not permitted on the
 premises of the child care facility, on vehicles used to transport children or during off-premise activities. All smoking materials shall
 be kept in locked storage.
- Signage regarding the smoking and tobacco restriction shall be posted at each entrance to the facility and in vehicles used to transport children.
- The operator shall notify the parent of each child enrolled in the facility, in writing, of the smoking and tobacco restriction.

Application

This policy applies to all children, families, visitors, volunteers, and staff.

Procedures/Practice

Smoking and the use of tobacco products are prohibited at all times:

- on the premises of the child care facility
- on vehicles used to transport children
- during any off-premise activities sponsored by our facility

Signs are posted at each entrance to the facility and on vehicles used to transport children. The signs are posted in a manner and location that adequately notify families, visitors, volunteers, and staff of the tobacco-free child care facility policy.

Communication

Our facility will review this policy with parents/guardians, volunteers, and staff in writing and verbally at child care-sponsored or related events. Copies of the policy are in staff and parent handbooks. We may provide materials and information provided by the local health department.

Staff

- All current staff members and newly hired staff will review the Tobacco-Free Policy before providing care for children.
- Staff will sign an acknowledgement form that includes the individual's name, the date the facility's policy was given and explained to the individual, the individual's signature, and the date the individual signed the acknowledgment.
- The child care facility shall keep the signed Tobacco-Free Policy staff acknowledgement form in the staff member's file.

Parents/Guardians

- A copy of the policy will be given and explained to the parents/guardians of newly enrolled children on or before the first day the child
 receives care at the facility.
- Parents/guardians will sign an acknowledgement form that includes the child's name, date the child first attended the facility, date
 the operator's policy was given and explained to the parent, parent's name, parent's signature, and the date the parent signed the
 acknowledgement
- The child care facility shall keep the signed Tobacco-Free Policy parent acknowledgement form in the child's file.

^{*} For purposes of this policy, "staff" includes the operator and other administration staff who may be counted in ratio, additional caregivers, substitute providers, and uncompensated providers.



TOBACCO-FREE POLICY FOR NORTH CAROLINA CHILD CARE CENTERS

Enforcement

Parents and visitors using tobacco products will be asked to refrain while on the child care premises or to leave the premises. Consequences for employees who violate the tobacco use policy will be in accordance with personnel policies.

Definitions

- "Premises" -the entire child care building and grounds including but not limited to natural areas, outbuildings, dwellings, vehicles, parking lots, driveways, and other structures located on the property.
- "E-cigarette" -Any electronic oral device that employs a mechanical heating element, battery, or electronic circuit regardless of shape or size and that can be used to heat a liquid nicotine solution or any other substance, and the use or inhalation of which simulates smoking. The term shall include any such device, whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, or under any other product name or descriptor.
- "Off-premise activity" any event sponsored by our facility that is not on the child care facility premises, including but not limited to field trips and educational or entertainment activities.
- "Smoking" -The use or possession of a lighted or heated cigarette, e-cigarette, cigar, little cigar, pipe, hookah or any other lighted or heated tobacco product containing, made or derived from tobacco and intended for inhalation in any manner or in any form.
- "Tobacco product" Any product containing, made or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, or ingested by any other means, including but not limited to cigarettes, e-cigarettes, cigars; little cigars, hookah, snuff, snus, and chewing tobacco. A tobacco product excludes any product that has been approved by the United States Food and Drug Administration for sale as a tobacco cessation product, as a tobacco dependence product, or for other medical purposes, and is being marketed and sold solely for such an approved purpose.

Tobacco Cessation Resources

Annual Review Dates: _____

Our facility will consult with the local health department or other appropriate health and community-based organizations to provide staff and administrators with information and access to treatment programs and services to support them in complying with this policy. The North Carolina Quitline 1-800-QUIT-NOW (1-800-784-8669) offers free coaching sessions, helps develop a plan to quit, provides reading materials, and offers counseling. See http://www.guitlinenc.com.

References

- NC DHHS Tobacco Prevention and Control Branch, http://tobaccopreventionandcontrol.ncdhhs.gov/smokefreenc/
- Caring for Our Children 3rd Edition, Standard 3.4.1.1: Use of Tobacco, Electronic Cigarettes, Alcohol, and Drugs http://cfoc.nrckids.org/StandardView/3.4.1.1
- Caring for Our Children 3rd Edition, Standard 9.2.3.15: Policies Prohibiting Smoking, Tobacco, Alcohol, Illegal Drugs, and Toxic Substances http://cfoc.nrckids.org/StandardView/9.2.3.15

Effective Date: ______ This policy was reviewed and approved by: Print Name: ______ Date: ______



PARENT OR GUARDIAN ACKNOWLEDGEMENT FORM

I, the parent or guardian ofread and received a copy of the facility's 100% Tobacco-Free Policy for North Carolina		
Date policy given/explained to parent/guardian:	Date:	
Print name of parent/guardian:		
Signature of parent/guardian:	Date:	



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

SPEEDWAY ACAEDEMY & PRESCHOOL DAYCARE PHOTO RELEASE FORM

l,	$____$, the parent of a child/children at <code>SPEEDWAY</code> ACADEMY $\$$
PRESCHOOL, agree to the following:	
) are listed below may be photographed at the Daycare during nor nderstand that these photographs may be used in promoting child
The child(ren) are known as:	
or electronic use in promoting the Daycare's se in the event that I no longer wish to authorize t	my child(ren) to be photographed, or their images recorded for printervices. I understand that it is my responsibility to update this form the above uses. I agree that this form will remain in effect during the at there will be no payment for me or my child's participation in this
Parent/Guardian Signature	Date
Relationship To Child	



PREVENTION OF SHAKEN BABY SYNDROME AND ABUSIVE HEAD TRAUMA

Belief Statement	
We,Speedway Academy & Preschool ing to, and reporting shaken baby syndromeand abusive hea protecting their healthy development, providing quality child ca	(name of facility), believe that preventing, recognizing, respondd trauma (SBS/AHT) is an important function of keeping children safe, and educating families.
Background	
trauma to the head. Shaking may last only a few seconds but car	at occurs when an infant or small child is violently shaken and/or there is n result in severe injury or even death1. According to North Carolina Child re homes, IOA NCAC 09 .1726), each child care facility licensed to care for to prevent SBS/AHT2.
Procedure/P <mark>ractice</mark>	
Recognizing:	
or loss of cons <mark>ciousnes</mark> s, difficulty breathing, inability to lift the	g irritability and/or high pitched crying, difficulty staying awake/lethargy head, seizures, lack of appetite, vomiting, bruises, poor feeding/sucking, ecreased muscle tone. Bruises may be found on the upper arms, rib cage,
Responding to:	
 If SBS/ ABT is suspected, staff will3: 	
 Call 911 immediately upon suspecting SBS/AHT and i 	nform the director.
Call the parents/guardians.	
If the child has stopped breathing, trained staff will be Beneating:	egin pediatric CPR4.
 Reporting: Instances of suspected child maltreatment in child care are by calling 1-800-859-0829 or by emailing webmasterdcd@dl 	reported to Division of Child Development and Early Education (OCOEE) hhs.nc.gov.
 Instances of suspected child maltreatment in the hornen number: 	ome are reported to the county Department of Social Services.
Prevention strategies to assist staff* in coping with a crying,	fuscing or distraught child
	eing hungry, tired, sick, or i <mark>n need of a</mark> diaper change. If no physical need
• Rock the chi id, hold the child close, or walk with the child.	
• Stand up, hold the child close, and repeatedly bend knees.	
Sing or talk to the child in a soothing voice.	
Gently rub or stroke the child's back, chest, or tummy.	
 Offer a pacifier or try to distract the child with a rattle or toy. 	
Take the child for a ride in a straiter.	
• Turn on music or white noise.	
• Other	
• Other	

In addition, the facility:

- Allows for staff who feel they may lose control to have a short, but relatively immediate break away from the children.
- Provides support when parents/guardians are trying to calm a crying child and encourage parents to take a calming break if needed.
- Other_____



PREVENTION OF SHAKEN BABY SYNDROME AND ABUSIVE HEAD TRAUMA

Prohibited behaviors

Behaviors that are prohibited include (but are not limited to):

- shaking or jerking a child
- · tossing a child into the air or into a crib, chair, or car seat
- pushing a child into wails, doors, or furniture

Strategies to assist staff members understand how to care for infants

Staff reviews and discusses:

- The five goais and developmental indicators in the 2013 North Carolina Foundations for Early Learning and Development, <u>ncchildcare</u>. <u>nc.gov/PDF forms/NC Foundations.pdf</u>
- How to Care for Infants and Toddlers in Groups, the National Center for Infants, Toddlers and Families, www.zerotothree.orgiresources/77-how-to-care-for-infants-and-toddlers-in-groups
- Including Relationship-Based Care Practices in Infant-Toddler Care: Implictions for Practice and Policy, the Network of Infant/Toddler Researchers, pages 7-9, www.acf.hhs.gov/sites/default/filesioore/nitrinquire may 2016 070516 b508compliant.pdf

Strategies to ensure staff members understand the brain development of children up to five years of age

All staff take training on SBS/AHT within first two weeks of employment. Training includes recognizing, responding to, and reporting child abuse, neglect, or maltreatment as we!! as the brain development of children up to five years of age. Staff review and discuss:

- Brain Development from Birth video, the Nationai Center for Infants, Toddlers and Families, www.zerotothree.org/resources/156-brain-wonders-nurturing-healthy-brain-development-from-birth
- The Science of Early Childhood Development, Center on the Developing Child, <u>developingchild</u>. <u>harvard</u>.edu/<u>resources/in brief-science-of-ecd/</u>

Resources

List resources such as a staff person designated to provide support or a local county/community resource:				

Parent web resources:

- The American Academy of Pediatrics: www.healthychildren.org/English/safety-prevention/at-home/Pages/Abusive-Head-Trauma-Shaken-Babv-Syndrome.aspx
- The National Center on Shaken Baby Syndrome: http://dontshake.org/family-resources
- The Period of Purple Crying: http://purplecrying.info/

• Other	
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Facility web resources:

- Caring for Our Children, Standard 3.4.4.3 Preventing and Identifying Shaken Baby Syndrome/Abusive Head Trauma, http://cfoc.nrckids.org/StandardView.cfm?Std N um-3 .4.4.3&-+
- Preventing Shaken Baby Syndrome, the Centers for Disease Control and Prevention, http://centerforchiidweifare.fmhi.usf.edu/kb/trorev/Preventing SBS 508-a. <a href="https://centerforchiidweifare.fmhi.usf.edu/kb/trorev/Preventing SBS 508-a. <a href="https://centerforchiid
- Early Development & Well-Being, Zero to Three, www.zerotothree.org/eariy-development
- Other_____



PREVENTION OF SHAKEN BABY SYNDROME AND ABUSIVE HEAD TRAUMA

References

- 1. The National Center on Shaken Baby Syndrome, www.dontshake.org
- NC DCDEE, ncchildcare.dhhs.state.nc.us/generai/mb ccrulesoublic.asp
- 3. Shaken baby syndrome, the Mayo Clinic, www.mavoclinic.org/diseases-conditions/shaken-baby-syndrome/basics/symotoms/con-?0034461
- 4. Pediatric First Aid/CPR/ AED, American Red Cross, www.redcross.org/images/MEDIA CustomProductCataiog/m4240175 Pediatric ready reference.pdf
- 5. Calming Techniques for a Crying Baby, Chiidren's Hospital Colorado, <u>www.childrenscoiorado.org/conditions-andadvice/calm-a-crying-baby/calming-techniques</u>
- 6. Caring for Our Children, Standard 1. 7.0.5: Stress http://cfoc.nrckids.org/StandardView/1.7.0.5

Application

This policy applies to children up to five years of age and their families, operators, early educators, substitute providers, and uncompensated providers.

Communication

Staff*

- Within 30 days of adopting this policy, the child care facility shall review the policy with all staff who provide care for children up to five years of age.
- All current staff members and newly hired staff will be trained in SBS/AHT before providing care for children up to five years of age.
- Staff will sign an acknowledgement form that includes the individual's name, the date the center's policy was given and explained to the individual, the individual's signature, and the date the individual signed the acknowledgment.
- The child care facility shall keep the SBS/AHT staff acknowledgement form in the staff member's file.

Parents/Guardians

- Within 30 days of adopting this policy, the child care facility shal! review the policy with parents/guardians of currently enrolled children up to five years of age.
- A copy of the policy will be given and explained to the parents/guardians of newly enrolled children up to five years of age on or before the first day the child receives care at the facility.
- The child care facility shall keep the SBS/AHT parent acknowledgement form in the child's file.

* For purposes of this policy, "staff" includes the operator and other administration staff who may ers, substitute providers, and uncompensated providers.	be counted in ratio, additional caregiv-
Effective Date:	
This policy was reviewed and approved by:	
Owner/Director (recommended):	Date:
DCDEE Child Care Consultant (recommended):	Date:
Child Care Heaith Consultant (recommended)	Date:

Parent or guardian acknowledgement form



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

PREVENTION OF SHAKEN BABY SYNDROME AND ABUSIVE HEAD TRAUMA

I, the parent or guardian ofacknowledges that I have read ar.d received a copy of the facility's Policy.	(child's name) Shaken Baby Syndrome/ Abusive Head Trauma
Date policy given/explained to parent/guardian: [Date of child's enrcliment:
Print name of parent/guardian:	
Signature of parent/guardian:	Date:



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

CHILD CARE EMERGENCY CONTACT INFORMATION

CHILD INFORMATION				
Child's Name			Birthday	
Home Address				
Mother or Guardian		Father or Guardian		
Telephone Home	Cell Phone/Pager	Telephone Home	Cell Phone/Pager	
E-mail Address		E-mail Address	E-mail Address	
Home Address:		Home Address		
Place of Employment		Work Phone	Cell Phone	
Department		Department		
Contact person/Supervisor at work		Contact person/Supervisor at work		
Phone Number		Phone Number		
EMERGENCY CONTACTS (W	HEN ATTEMPTS TO REACH PA	RENTS ARE NOT SUCCESSFUL AN	ND WHO AY PICK CHILD UP)	
Name # 1		Name # 2		
Home Phone Number Work Phone Number		Home Phone Number	Work Phone Number	



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

CHILD CARE EMERGENCY CONTACT INFORMATION

PERSON'S AUTHORIZED TO PICK CHILD UP

Name	Phone Number
1.	
2.	
3.	
4.	
We must have written permission for anyone other than parent/guard	lian to pick child up from the center.
Physician's Name	Phone #
Thysician's Name	
Address	
Hospital to take child in case of an emergency	
riospital to take cliffd in case of all efficiency	
Dentist's Name (either Child's or Parent's)	Phone #
Address	
Child's Health Insurance Name of Insurance Plan	
Address	
Certificate Number (or ID) #:	Group #:
Policy Holder's Name	
Policy Holder's Name	
	(= 0
Special Conditions, Disabilities, Allergies, or Medical Info	rmation for Emergency Situations



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

PARENT/LEGAL GUARDIAN CONSENT AND AGREEMENT FOR EMERGENCIES

Parent or guardian acknowledgement form

As parent/legal guardian, I give consent to have my child receive first aid by facility staff, and, if necessary, be transported to receive emergency care. I understand that I will be responsible for all charges not covered by insurance. I agree to review and update this information whenever a change occurs and at least once a year.

Parent/Guardian# 1 Signature:	Date:
Parent/Guardian# 2 Signature:	Date:
Annual Review Dates	Parent/Guardian Signature
Annual Review Dates	Parent/Guardian Signature
Annual Review Dates	Parent/Guardian Signature



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

PARENT PARTICIPATION

We honor the important role of parents in making decisions regarding their child. Current research shows that children enjoy a more enriched learning experience when their parents take an active role in their education. As partners with the staff at the Center, parents are encouraged to:

- Volunteer in their child's classroom
- Schedule conferences with the teacher
- Have lunch with your child
- Participate in seasonal events
- Attend graduation and seasonal programs
- Participate in "Week of the Young Child" activities

Your involvement will ensure that you are updated on important information and will have a voice in your child's daily learning and development. As such, we have an "open door" policy, and we encourage you to drop in whenever you wish. Communication is the key for a happy, positive relationship between you, your child, and the Center staff. Your comments and suggestions are always welcome.

Communication

It is expected that parents' interactions with Center staff will be appropriate and positive, and the same is expected of staff when they interact with families. We all have the same goal of providing the best care possible for your child. We make every effort to model positive behaviors in all of our interactions, and ask the same of parents, especially in front of the children. Most daily and classroom related issues can be handled directly with your child's teacher in an upbeat and positive way. If, however, an issue should arise that is not readily resolved with the classroom teacher, then you should bring those issues or concerns to the attention of the Center Director or Assistant Director. Your concerns will be carefully and thoughtfully considered. You may request an interpreter at any time during this process if you believe it would improve communication. Parents who disagree with Center programs or policies should contact the Director and discuss the differences. If resolution are not satisfactorily resolved during the conference, a parent may make a written request to the Owners. The owners will then schedule time to review the issue. Owners decisions shall be final.

I, the undersigned parent or guardian of	(Child's Full Name
do hereby state that I have received a copy of the Parent Participation and comm	,
staff member has discussed the Parent Participation and communication plan w	nth me.
Date of child's enrollment:	
Signature of the parent or Guardian:	Date:



To be completed, signed and placed on file in the facility on the first day and updated as changes occur and at least annually

SPEEDWAY ACAEDEMY & PRESCHOOL

Speedway Academy & Preschool Parent Documentation of receipt, and knowledge of the following documentation on:

1. Center Operational Policies:	
Signature:	Date:
2. Summary Of Child Care Laws:	
Signature:	Date:
3. Parent Participation Plan:	
Signature:	Date:
do hereby state that I have received a copy of the Parent Participation and communication paigned staff member has discussed the Parent Participation and communication plan with n	
Date of child's enrollment:	
Signature of the parent or Guardian:	Date:

Transportation Permission

A. Parent and Child Information				
Name of Parent		Telephone Number - Primary		
Name of Child	□ Picture attached	Telephone Nu	umber - Secondary	
B. Emergency Contact Informatio	n (non-parent)			
Name		Telephone Number		
C. Departure and Return Times				
Departure Time	Arrival Time		Return Time	
D. Authorized Destinations				
Child transported from		Child transported to		
E. Parent Signature and Other				
Person receiving child, if applicable On application		Method of Travel		
Permission to transport is valid from [give date] to [give date]. From To (up to 12 months)		Transportation Provider		
Signature of Parent or Guardian	Signature of Parent or Guardian		Date	
NC Division of Child Development and Early Education	Transportation Pe	ermission		
A. Parent and Child Information				
Name of Parent		Telephone Nu	umber - Primary	
Name of Child	□ Picture attached	Telephone Nu	elephone Number - Secondary	
B. Emergency Contact Informatio	n (non-parent)			
Name				
		Telephone Nu	umber	
C. Departure and Return Times		Telephone Nu	umber	
C. Departure and Return Times Departure Time	Arrival Time	Telephone Nu	Return Time	
	Arrival Time	Telephone Nu		
Departure Time	Arrival Time	Telephone Nu	Return Time	
Departure Time D. Authorized Destinations	Arrival Time		Return Time	
Departure Time D. Authorized Destinations Child transported from E. Parent Signature and Other	Arrival Time n application		Return Time rted to	
Departure Time D. Authorized Destinations Child transported from E. Parent Signature and Other	n application	Child transpo	Return Time rted to avel	
Departure Time D. Authorized Destinations Child transported from E. Parent Signature and Other Person receiving child, if applicable □ O Permission to transport is valid from [give	n application date] to [give date].	Child transpo Method of Tr	Return Time rted to avel	